

Starters

Thai Prawn Crackers	£2.50	Moo Nam Tok 🌶️🌶️	£6.50
Bangrak Samplers	£6.50	Grilled marinated pork salad with red onion, mint, and roast ground rice.	
(V) Thai Rice Crêpe 🌿	£6.50	Neau Krob 🌿	£5.50
Filled with a mixture of ground pork (or tofu), shiitake mushrooms, black mushrooms, carrots, and steamed bean sprouts; topped with crispy onion and served with coriander sauce.		Deep fried marinated crispy beef topped with hot & sour chilli sauce.	
Meing Salmon 🌿🥜	£6.50	Yam Neau 🌿 Gf	£6.50
Rice noodles on lettuce base and salmon top, with sweet chilli and crunched peanut dressing.		Beef salad with cucumber, tomato, red onion, celery, blended in lime dressing.	
Hoy Nung 🌿	£6.00	Pak Tod V	£4.50
New Zealand mussels flavoured with herbs and served with fresh Thai spicy sauce.		Vegetables in batter, served with sweet chilli sauce.	
Som Tam 🌿 V Gf 🥜	£5.50	Tofu Tod V 🥜	£4.50
Carrots, cherry tomato, fresh chilli, green beans, garlic, lemon juice, fish sauce, and palm sugar sprinkled with cashew nuts.		Crispy fried cubes of bean curd with sweet & sour crushed peanut sauce.	
Pepper and Garlic Prawns 🌶️🌶️	£6.50	Spring Rolls V	£4.50
Fried prawns coated with dried chilli pepper and garlic.		Shiitake mushrooms, vegetables, and vermicelli noodles served with sweet chilli sauce.	
Pla Sam-rod 🌿	£6.50	Tod Mun 🥜	£5.50
Deep fried sea bass topped with homemade Three Taste sauce.		Thai spicy fish cakes served with Thai pickles in sweet & sour sauce.	
Yam Kai Down 🌶️🌶️ V Gf	£5.50	Kanom Jeeb	£4.80
Fried egg salad with cucumber, tomato, red onion, and celery, blended in lime dressing.		A parcel of minced pork and prawns, sprinkled with crispy garlic, and served with sweet soya sauce.	
Fishing Basket	£5.50	Peek Gai Tod	£5.50
Mussels, squid, salmon and prawns deep-fried in batter and served with sweet chilli sauce.		Fried lemongrass chicken wings coated in fresh lemongrass & sweet chilli sauce.	
		Larb Moo 🌶️🌶️ Gf	£6.50
		Minced pork with crushed roast rice, dried chilli, spring onion, red onion, and lime juice.	
		Paper Prawns	£5.50
		Marinated and wrapped in rice paper, deep fried and served with plum sauce.	

(V) Vegetarian option; **Gf** gluten free; 🥜 contains nuts

On the Skewer...

Satay Gai 🥜 £5.50
Marinated strips of grilled chicken served with peanut sauce and Thai cucumber pickle.

Pla Muk Yang 🌶️ 🌶️ £5.50
Grilled squid with Thai seafood sauce.

Moo Ping 🌶️ £6.50
Grilled marinated pork shoulder with sticky rice packet, served with tamarind sauce.

Soup

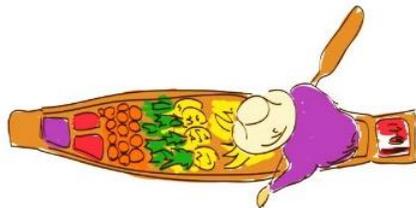
Tom Yum and Tom Kah are available with either:

Chicken	£5.50
Prawns or mixed seafood	£6.50
Vegetables 🌱	£5.00

Tom Yum 🌶️ 🌶️
A famous Thai hot & sour spicy soup with chicken, mushrooms, lemongrass, galangal, lime leaves, basil and herbs, garnished with fresh coriander.

Tom Kah
Traditional mild coconut milk soup cooked with mushrooms, lemongrass, galangal, and lime leaves, garnished with fresh coriander.

Tom Neau 🌶️ £5.50
Tender beef soup with lemongrass, galangal, lime leaves, tomato, onion, and fresh coriander.



Main Dishes

(V) Gai Pad Med Ma-muang 🌶️ 🥜 £9.50
Stirred fried chicken with cashew nuts, mushroom, bell pepper, onions, and topped with dried chilli.

(V) Gai Pad King £9.50
Stirred fried chicken with freshly sliced ginger, onion, black mushroom, red pepper, and spring onion.

(V) Gai Pad Horapa 🌶️ 🌶️ £9.50
Stir fried chicken with Thai sweet basil, garlic and chilli.

(V) Neau Pad Nam Mun Hoy £9.50
Stirred fried beef with button and shiitake mushrooms, spring onion, and carrots in oyster sauce.

(V) Chilli Beef 🌶️ 🌶️ £9.50
Stirred fried beef with red chilli paste, bamboo shoots, lime leaves, and Thai sweet basil.

(V) Neau Pad Prig 🌶️ 🌶️ £9.50
Stirred fried beef with green beans, garlic, and red chilli sauce.

Ped Pad Cha 🌶️ 🌶️ £10.50
Stirred fried duck with fresh Thai herbs, aubergine, spring onion, garlic and chilli.

(V) Ped Pad King £10.50
Stirred fried duck with freshly sliced ginger, with button & black mushroom.

(V) Goong Pad Pong Gari 🌶️ £11.50
Stirred fried prawns in coconut milk and curry powder, with freshly sliced ginger, celery and onion.

(V) Goong Pad Ped 🌶️ 🌶️ £11.50
Stirred fried prawns with onion, bamboo shoot, fresh chilli, and lime leaves.

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(V) **Goong Tamarind** 🌶️ 🌰 £11.50

Stirred fried prawns with sweet and sour tamarind sauce, cashew nuts, onion, and dry roasted chilli.

Pad Talay 🌶️ 🌶️ £12.50

Mixed seafood of prawns, salmon, squid, and mussels with freshly sliced lemongrass, galangal, krachai, sweet basil, lime leaves, and green beans in chilli sauce.

Package from the Sea 🌶️ 🌶️ £12.50

Mixed seafood of prawns, salmon, squid, and mussels in garlic and pepper coriander sauce, and served on a base of Chinese leaves.

Curry Dishes

£ main; £ tapas

(V) **Gang Keo Wan Gai** 🌶️ 🌶️ **Gf** £11.50; £6.00

Chicken green curry cooked with coconut milk, mushroom, bamboo shoot, Thai sweet basil leaves and herbs.

(V) **Massaman** **Gf** 🌰 £12.00; £6.50

Tender, slowly cooked beef with potato and onion.

(V) **Panang** 🌶️ **Gf** £12.00; £6.50

Grilled salmon topped in Panang curry sauce.

(V) **Gang Dang Ped** 🌶️ **Gf** £12.00; £6.50

Duck red curry with tomato, pineapple and bamboo shoot.

(V) **Jungle Curry** 🌶️ 🌶️ **Gf** £11.50; £6.00

Spicy clear curry (no coconut milk) with chicken, aubergine, bamboo shoot, mushroom, green beans, and lime leaves.

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Full Allergen menu available on request

Rice and Noodles

Pad Thai 🌰

Rice noodles with bean sprout, egg, and spring onion.

Spicy Noodles 🌶️ 🌶️

Rice noodles with spring green, garlic, chilli, tomato, onion, and Thai sweet basil.

Kow Pad Bangrak 🌶️ 🌶️

Fried rice with chilli and garlic, and Thai sweet basil.

Kow Pad Sapparod

Fried rice with onion, pineapple, black mushroom, and egg.

Rice & noodle dishes are available with choice of:

Chicken £9.50

Prawns £10.50

Vegetables or tofu **V** £9.50

Side Dishes

Thai Jasmin Rice **V Gf** £2.50

Garlic Rice **V Gf** £3.00

Coconut Rice **V Gf** £3.50

Sticky Rice **V Gf** £3.50

Plain Noodles **V** £4.50

Stir Fried Mixed Vegetables **V** £4.50

in Oyster Sauce

Bangrak Potato **V** 🌶️ £4.50

