

## Starters

- Thai Prawn Crackers** £2.50 **Allergens: Crustacean**
- Bangrak Samplers** £6.50 **Allergens: Crustaceans, Egg, Fish, Gluten, Molluscs, Nuts, Soya**  
Satay, Thai fish cake, spring roll, paper prawn, fresh roll, and 2 dipping sauces.
- (V) Thai Rice Crêpe** 🌿 £6.50 **Allergens: Crustaceans, Fish, Gluten, Molluscs, Soya**  
Filled with a mixture of ground pork (or tofu), shiitake mushrooms, black mushrooms, carrots, and steamed bean sprouts; topped with crispy onion and served with coriander sauce.
- Meing Salmon** 🌿 🥜 £6.50 **Allergens: Crustaceans, Fish, Molluscs, Nuts**  
Rice noodles on lettuce base and salmon top, with sweet chilli and crunched peanut dressing.
- Hoy Nung** 🌿 £6.00 **Allergens: Crustaceans, Eggs, Fish, Gluten, Molluscs**  
Mussels flavoured with herbs and served with fresh Thai spicy sauce.
- Som Tam** 🌿 🌿 V Gf 🥜 £5.50 **Allergens: Nuts, Soya**  
Carrots and Papaya mixed in the pestle and mortar with cherry tomato, fresh chilli, green beans, garlic, lemon juice, fish sauce, and palm sugar sprinkled with cashew nuts.
- Pepper and Garlic Prawns** 🌿 🌿 £6.50 **Allergens: Gluten**  
Fried prawns coated with dried chilli pepper and garlic.
- Pla Sam-rod** 🌿 £6.50 **Allergens: Gluten**  
Deep fried sea bass topped with homemade Three Taste sauce.
- Yam Kai Down** 🌿 🌿 V Gf £5.50 **Allergens: Celery, Eggs, Soya**  
Fried egg salad with cucumber, tomato, red onion, and celery, blended in lime dressing.
- Fishing Basket** £5.50 **Allergens: Gluten**  
Mussels, squid, salmon and prawns deep-fried in batter and served with sweet chilli sauce.

**(V)** Vegetarian option; **Gf** gluten free; 🥜 contains nuts

**Moo Nam Tok** 🌶️🌶️ £6.50

Grilled marinated pork salad with red onion, mint, and roast ground rice.

**Allergens: Gluten**

**Neau Krob** 🌶️ £5.50

Deep fried marinated crispy beef topped with hot & sour chilli sauce.

**Allergens: None**

**Yam Neau** 🌶️ **Gf** £6.50

Beef salad with cucumber, tomato, red onion, celery, blended in lime dressing.

**Allergens: Celery**

**Pak Tod** **V** £4.50

Vegetables in batter, served with sweet chilli sauce.

**Allergens: Gluten**

**Tofu Tod** **V** 🥜 £4.50

Crispy fried cubes of bean curd with sweet & sour crushed peanut sauce.

**Allergens: Gluten, Nuts, Soya**

**Spring Rolls** **V** £4.50

Shiitake mushrooms, vegetables, and vermicelli noodles served with sweet chilli sauce.

**Allergens: Gluten, Soya**

**Tod Mun** 🥜 £5.50

Thai spicy fish cakes served with Thai pickles in sweet & sour sauce.

**Allergens: Egg, Gluten, Nuts**

**Kanom Jeeb** £4.80

A parcel of minced pork and prawns, sprinkled with crispy garlic, and served with sweet soya sauce.

**Allergens: Egg, Gluten**

**Peek Gai Tod** £5.50

Fried lemongrass chicken wings coated in fresh lemongrass & sweet chilli sauce.

**Allergens: Gluten, Soya**

**Larb Moo** 🌶️🌶️ **Gf** £6.50

Minced pork with crushed roast rice, dried chilli, spring onion, red onion, and lime juice.

**Allergens: None**

**Paper Prawns** £5.50

Marinated and wrapped in rice paper, deep fried and served with plum sauce.

**Allergens: Gluten, Soya**

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*On the Skewer...*

**Satay Gai** 🥜 £5.50  
Marinated strips of grilled chicken served with peanut sauce and Thai cucumber pickle.

**Allergens: Crustaceans, Fish, Molluscs, Nuts**

**Pla Muk Yang** 🍴🍴 £5.50  
Grilled squid with Thai seafood sauce.

**Allergens: Crustaceans, Fish, Molluscs**

**Moo Ping** 🍴 £6.50  
Grilled marinated pork shoulder with sticky rice packet, served with tamarind sauce.

**Allergens: Gluten, Soya**

## Soup

*Tom Yum and Tom Kah are available with either:*

Chicken	£5.50
Prawns or mixed seafood	£6.50
Vegetables ✓	£5.00

**Allergens: None**

**Allergens: Crustaceans, Fish, Molluscs**

**Allergens: None**

**Tom Yum** 🍴🍴  
A famous Thai hot & sour spicy soup with chicken, mushrooms, lemongrass, galangal, lime leaves, basil and herbs, garnished with fresh coriander.

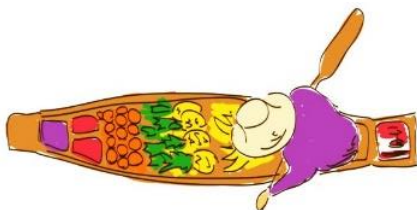
**Allergens: Soya**

**Tom Kah**  
Traditional mild coconut milk soup cooked with mushrooms, lemongrass, galangal, and lime leaves, garnished with fresh coriander.

**Allergens: Soya**

**Tom Neau** 🍴 £5.50  
Tender beef soup with lemongrass, galangal, lime leaves, tomato, onion, and fresh coriander.

**Allergens: Soya**



## Main Dishes

(V) **Gai Pad Med Ma-muang** 🌶️ 🥜 £9.50

Stirred fried chicken with cashew nuts, mushroom, bell pepper, onions, and topped with dried chilli.

(V) **Gai Pad King** £9.50

Stirred fried chicken with freshly sliced ginger, onion, black mushroom, red pepper, and spring onion.

(V) **Gai Pad Horapa** 🌶️ 🌶️ £9.50

Stir fried chicken with Thai sweet basil, garlic and chilli.

(V) **Neau Pad Nam Mun Hoy** £9.50

Stirred fried beef with button and shiitake mushrooms, spring onion, and carrots in oyster sauce.

(V) **Chilli Beef** 🌶️ 🌶️ £9.50

Stirred fried beef with red chilli paste, bamboo shoots, lime leaves, and Thai sweet basil.

(V) **Neau Pad Prig** 🌶️ 🌶️ £9.50

Stirred fried beef with green beans, garlic, and red chilli sauce.

**Ped Pad Cha** 🌶️ 🌶️ £10.50

Stirred fried duck with fresh Thai herbs, aubergine, spring onion, garlic and chilli.

(V) **Ped Pad King** £10.50

Stirred fried duck with freshly sliced ginger, with button & black mushroom.

(V) **Goong Pad Pong Gari** 🌶️ £11.50

Stirred fried prawns in coconut milk and curry powder, with freshly sliced ginger, celery and onion.

(V) **Goong Pad Ped** 🌶️ 🌶️ £11.50

Stirred fried prawns with onion, bamboo shoot, fresh chilli, and lime leaves.

(V) Vegetarian option; **Gf** gluten free; 🥜 contains nuts

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**(V) Goong Tamarind** 🌶️ 🌶️ 🥜 £11.50  
Stirred fried prawns with sweet and sour tamarind sauce, cashew nuts, onion, and dry roasted chilli.

**Pad Talay** 🌶️ 🌶️ £12.50  
Mixed seafood of prawns, salmon, squid, and mussels with freshly sliced lemongrass, galangal, krachai, sweet basil, lime leaves, and green beans in chilli sauce.

**Package from the Sea** 🌶️ 🌶️ £12.50  
Mixed seafood of prawns, salmon, squid, and mussels in garlic and pepper coriander sauce, and served on a base of Chinese leaves.

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## Curry Dishes

£ main; £ tapas

**(V) Gang Keo Wan Gai** 🌶️ 🌶️ **Gf** £11.50; £6.00  
Chicken green curry cooked with coconut milk, mushroom, bamboo shoot, Thai sweet basil leaves and herbs.

**(V) Massaman** **Gf** 🥜 £12.00; £6.50  
Tender, slowly cooked beef with potato and onion.

**(V) Panang** 🌶️ **Gf** £12.00; £6.50  
Grilled salmon topped in Panang curry sauce.

**(V) Gang Dang Ped** 🌶️ **Gf** £12.00; £6.50  
Duck red curry with tomato, pineapple and bamboo shoot.

**(V) Jungle Curry** 🌶️ 🌶️ **Gf** £11.50; £6.00  
Spicy clear curry (no coconut milk) with chicken, aubergine, bamboo shoot, mushroom, green beans, and lime leaves.

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## Rice and Noodles

### Pad Thai 🥘

Rice Noodles with bean sprout, egg, and spring onion.

**Allergens: Eggs, Nuts**

### Spicy Noodles 🌶️🌶️

Rice noodles with spring green, garlic, chilli, tomato, onion, and Thai sweet basil.

**Allergens: Crustaceans, Fish, Molluscs, Soya**

### Kow Pad Bangrak 🌶️🌶️

Fried rice with chilli and garlic, and Thai sweet basil.

**Allergens: Crustaceans, Fish, Molluscs, Soya**

### Kow Pad Sapparod

Fried rice with onion, pineapple, black mushroom, and egg.

**Allergens: Crustaceans, Eggs, Fish, Molluscs, Soya**

*Rice & noodle dishes are available with choice of:*

Chicken	£9.50
Prawns	£10.50
Vegetables or tofu <b>V</b>	£9.50

**Allergens: None**

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**Allergens: None**

## Side Dishes

Thai Jasmin Rice <b>V Gf</b>	£2.50
Garlic Rice <b>V Gf</b>	£3.00
Coconut Rice <b>V Gf</b>	£3.50
Sticky Rice <b>V Gf</b>	£3.50
Plain Noodles <b>V</b>	£4.50
Stir Fried Mixed Vegetables <b>V</b> in Oyster Sauce	£4.50
Bangrak Potato <b>V 🌶️</b>	£4.50

**Allergens: None**

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